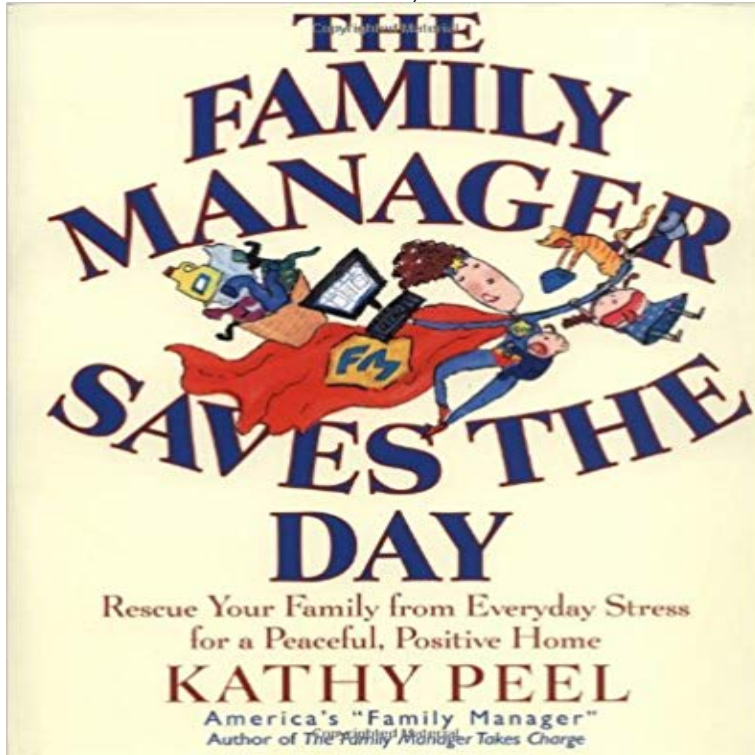


The Family Manager Saves the Day: Rescue Your Family from Everyday Stress for a Peaceful, Positive Home



Kathy Peel, founder and president of Family Manager, Inc., has built a career out of showing busy mothers how to effectively balance their lives. In this companion volume to *The Family Manager Takes Charge*, Kathy turns her business sense to parenting matters. After all, being a mom means more than taking care of the household-----it also means being the family mentor, cheerleader, event planner, and child psychologist! For every mother whos at the end of her wits, Kathy shares hundreds of easy tips to save her from everyday parenting stress. Through Kathys proven organizational systems and encouraging, common-sense approach, readers will discover how to tackle lifes daily crises large and small with serenity and confidence. Includes practical tips on how to: Beat daily burnout (and get a good nights sleep) Manage an overflowing calender Balance work and family Prepare for a new baby Raise a polite, confident, well-adjusted child Help children succeed-----from housework to hard choices Talk to teens and get a positive response Strengthen marriage and friendships Make the most of family time

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